

WELCOME TO SOUTHEAST

Southeast provides relational environments where you can find **Jesus, community, and purpose**.

GET CONNECTED

God created us for community. If you are interested in serving, participating in a life group, or would like more information about an upcoming event, visit **southeastcc.org** or send an email to **connect@southeastcc.org**.

NEED PRAYER?

We are honored to pray with you or for you. Join us after services to pray with someone at **southeastcc.org**. You may also submit a prayer request at **southeastcc.org/prayer**.

PSALMS OF THE ASCENT - 121

NOTES | 8.14.22

Psalm 121 English Standard Version (ESV)

A Song of Ascents

I lift up my eyes to the hills.

From where does my help come?

My help comes from the Lord,

who made heaven and earth.

He will not let your foot be moved;

he who keeps you will not slumber.

Behold, he who keeps Israel

will neither slumber nor sleep.

The Lord is your keeper;

the Lord is your shade on your right hand.

The sun shall not strike you by day,

nor the moon by night.

The Lord will keep you from all evil;

he will keep your life.

The Lord will keep
your going out and your coming in
from this time forth and forevermore.

Romans 8:14-17 | ESV

For all who are led by the Spirit of God are sons of God. For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!" The Spirit himself bears witness with our spirit that we are children of God, and if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.

Romans 8:31-39 | ESV

What then shall we say to these things? If God is for us, who can be against us?He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things? Who shall bring any charge against God's elect? It is God who justifies. Who is to condemn? Christ Jesus is the one who died—more than that, who was raised—who is at the right hand of God, who indeed is interceding for us. Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? As it is written.

"For your sake we are being killed all the day long; we are regarded as sheep to be slaughtered."

No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Isaiah 25:1-4 | ESV

O Lord, you are my God;

I will exalt you; I will praise your name,

for you have done wonderful things,

plans formed of old, faithful and sure.

For you have made the city a heap,

the fortified city a ruin;

the foreigners' palace is a city no more;

it will never be rebuilt.

Therefore strong peoples will glorify you;
cities of ruthless nations will fear you.

For you have been a stronghold to the poor,
a stronghold to the needy in his distress,
a shelter from the storm and a shade from the heat;

for the breath of the ruthless is like a storm against a wall,

Isaiah 32:1-5 | ESV

Behold, a king will reign in righteousness, and princes will rule in justice.

Each will be like a hiding place from the wind,

a shelter from the storm,

like streams of water in a dry place,

like the shade of a great rock in a weary land.

Then the eyes of those who see will not be closed,

and the ears of those who hear will give attention.

The heart of the hasty will understand and know,

and the tongue of the stammerers will hasten to speak distinctly.

The fool will no more be called noble.

nor the scoundrel said to be honorable.

2 Corinthians 6:3-10 | ESV

We put no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: by great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, the Holy Spirit, genuine love; by truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; through honor and dishonor, through slander and praise. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold, we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, yet possessing everything.

James 1:2-4 | ESV

Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.

IMPLICATIONS

- 1. Our church gathering is an important reminder of where our help comes from.
- 2. When we need help in our life, we should dance. God is going to show up in a new way for us.
- 3. God will be shade in the desert for us. But He often uses our community as His hands and feet.
- 4. Do hard things. They may not become easy, but they will be less hard. And we become more useful in the Kingdom.





