

Southeast

CHRISTIAN CHURCH



WEEKEND MESSAGE NOTES

WELCOME TO SOUTHEAST

Southeast provides relational environments where you can find
Jesus, community, and purpose.

GET CONNECTED

God created us for community. If you are interested in serving, participating in a life group, or would like more information about an upcoming event, visit southeastcc.org or send an email to connect@southeastcc.org.

NEED PRAYER?

We are honored to pray with you or for you. Join us after services to pray with someone at southeastcc.org. You may also submit a prayer request at southeastcc.org/prayer.

PSALMS OF THE ASCENT - 124

NOTES | 9.04.22

Psalm 124 English Standard Version (ESV)

A Song of Ascents. Of David.

If it had not been the Lord who was on our side—

let Israel now say—

if it had not been the Lord who was on our side

when people rose up against us,

then they would have swallowed us up alive,

when their anger was kindled against us;

then the flood would have swept us away,

the torrent would have gone over us;

then over us would have gone

the raging waters.

Blessed be the Lord,

who has not given us

as prey to their teeth!

We have escaped like a bird

from the snare of the fowlers;
the snare is broken,
and we have escaped!
Our help is in the name of the Lord,
who made heaven and earth.

Romans 8:31-39 | ESV

What then shall we say to these things? If God is for us, who can be against us? He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things? Who shall bring any charge against God's elect? It is God who justifies. Who is to condemn? Christ Jesus is the one who died—more than that, who was raised—who is at the right hand of God, who indeed is interceding for us. Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? As it is written,

“For your sake we are being killed all the day long;
we are regarded as sheep to be slaughtered.”

No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Psalms 20:6-8 | ESV

Now I know that the Lord saves his anointed;
he will answer him from his holy heaven
with the saving might of his right hand.
Some trust in chariots and some in horses,
but we trust in the name of the Lord our God.
They collapse and fall,
but we rise and stand upright.

John 6:41-69 | ESV

So the Jews grumbled about him, because he said, “I am the bread that came down from heaven.” They said, “Is not this Jesus, the son of Joseph, whose father and mother we know? How does he now say, ‘I have come down from heaven’?” Jesus answered them, “Do not grumble among yourselves. No one can come to me unless the Father who sent

me draws him. And I will raise him up on the last day. It is written in the Prophets, 'And they will all be taught by God.' Everyone who has heard and learned from the Father comes to me— not that anyone has seen the Father except he who is from God; he has seen the Father. Truly, truly, I say to you, whoever believes has eternal life. I am the bread of life. Your fathers ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is my flesh."

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. For my flesh is true food, and my blood is true drink. Whoever feeds on my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. This is the bread that came down from heaven, not like the bread the fathers ate, and died. Whoever feeds on this bread will live forever." Jesus said these things in the synagogue, as he taught at Capernaum.

When many of his disciples heard it, they said, "This is a hard saying; who can listen to it?" But Jesus, knowing in himself that his disciples were grumbling about this, said to them, "Do you take offense at this? Then what if you were to see the Son of Man ascending to where he was before? It is the Spirit who gives life; the flesh is no help at all. The words that I have spoken to you are spirit and life. But there are some of you who do not believe." (For Jesus knew from the beginning who those were who did not believe, and who it was who would betray him.) And he said, "This is why I told you that no one can come to me unless it is granted him by the Father."

After this many of his disciples turned back and no longer walked with him. So Jesus said to the twelve, "Do you want to go away as well?" Simon Peter answered him, "Lord, to whom shall we go? You have the words of eternal life, and we have believed, and have come to know, that you are the Holy One of God."

James 4:1-5 | ESV

What causes quarrels and what causes fights among you? Is it not this, that your passions are at war within you? You desire and do not have, so you murder. You covet and cannot

obtain, so you fight and quarrel. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, to spend it on your passions. You adulterous people! Do you not know that friendship with the world is enmity with God? Therefore whoever wishes to be a friend of the world makes himself an enemy of God. Or do you suppose it is to no purpose that the Scripture says, "He yearns jealously over the spirit that he has made to dwell in us"?

IMPLICATIONS

1. **Only the Lord can deliver us.**
2. **When we get anxious about the condition of the world, we reveal where we really believe our strength comes from.**
3. **We worship God and follow God because He is worthy of this; not so that we can gain a certain lifestyle.**
4. **God is passionate about us becoming everything He created us to be. He loves us too much to let us settle for less.**



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