



## **BREAKOUT NOTES:**

### **Living Sent (Reproducible Process) - Chris Swoboda**

#### **5-key components of a Life Group:**

- Biblical Foundation - Everything we do will be rooted in the word of God
- Relational Environment - A safe space for all to come as they are.
- Intentional Leader - One who continuously seeks to help others grow spiritually.
- Reproducible Process - The framework that facilitates the branching of healthy groups.
- Overall Alignment - Understanding groups at Southeast all have a similar flow and feel.

We will be focusing on the Reproducible Process - It's how Jesus made disciples and how he sent them out. The title of this session "Living Sent" goes hand in hand with the Reproducible Process.

#### **Definition of a Disciple**

- How does our Life Group Team define a disciple (2 responses). There's 3 criteria.
  - One who follows Christ
  - One who is being changed by Christ
  - One who is on mission for Christ

Matthew 4:19: And he said to them, "Follow me, and I will make you fishers of men."

- In the Rabbinic world of student/teacher, following is to imitate or do what your rabbi does - change is part of it. And then the words "make you fishers of men" is the mission part to make disciples.

#### **The Message**

Let's look at what Jesus did close to the end of His time here on earth...

- During the Last Supper, right before He is arrested and taken to the cross, Jesus prays".

John 17:4-9: ..."I glorified you on earth, having accomplished the work that you gave me to do. And now, Father, glorify me in your own presence with the glory that I had with you before the world existed..."

The key sentence that Jesus says: "I glorified you on earth having accomplished the work you gave me to do".

#### **2 Things Jesus Completed**

- Jesus died for our sins and rose again, creating a way to the Father (this is the message)
- Jesus created a way for the message to be heard through his disciples. He modeled it.

## **Jesus as the Model - Discipleship wheel.**

Jesus modeled the following: Share, Connect, Minister, and Disciple (sending). He showed that He had a relationship with God His Father and Relationship with Others.

We tend to train others for making disciples the same way we were introduced to ministry. Let's look at what Jesus said once he has completed his work with his disciples.

## **Jesus' Command**

Matthew 28:19-20, "Go therefore and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I will be with you always, to the end of the age".

The Great Commission. A better translation is "As you go..." make disciples. Something happens after Jesus is crucified. The disciples were in hiding behind locked doors.

John 20:20-21, Jesus came and stood among them and said to them, "Peace be with you," When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I am sending you."

The Sender sends the Sent One who sends the Spirit (Acts 13:4) who sends the apostles (note the Greek, *apostolos*, meaning "sent one") who start a chain reaction of sent-ones. It's why we are all here today as followers of Christ.

## **Vision - Being Sent**

The vision of relational discipleship is to "live" being sent. Not a holy huddle where we lock our doors and not let anybody in, but more of a heart that welcomes people into relationship bringing them closer to God.

Living sent is being part of something bigger than ourselves. With greater purpose. It involves:

- Living surrendered to the leadership of the Holy Spirit
- Living submitted to God's guidance on where he wants you to serve him
- Living with a willingness to go
- Living on mission in your zip code
- Living determined to share the gospel

As Life Group Leaders, we should always know why we are leading. Are you living sent?

Branching is a natural by-product of a healthy group and something to celebrate. How do we get more comfortable about branching? How often do you talk about discipleship with your group? Does your group know "The Why" behind meeting every week?