

# **Southeast**

**CHRISTIAN CHURCH**



**WEEKEND MESSAGE NOTES**

## **WELCOME TO SOUTHEAST**

Southeast provides relational environments where you can find  
**Jesus, community, and purpose.**

## **GET CONNECTED**

God created us for community. If you are interested in serving, participating in a life group, or would like more information about an upcoming event, visit [southeastcc.org](https://southeastcc.org) or send an email to [connect@southeastcc.org](mailto:connect@southeastcc.org).

## **NEED PRAYER?**

We are honored to pray with you or for you. Join us after services to pray with someone at [southeastcc.org](https://southeastcc.org). You may also submit a prayer request at [southeastcc.org/prayer](https://southeastcc.org/prayer).

## **TRADITIONS - COMMUNION (PART 1)**

### **NOTES | 4.18.21**

#### **Exodus 6:6-8 English Standard Version (ESV)**

Say therefore to the people of Israel, 'I am the Lord, and I will bring you out from under the burdens of the Egyptians, and I will deliver you from slavery to them, and I will redeem you with an outstretched arm and with great acts of judgment. I will take you to be my people, and I will be your God, and you shall know that I am the Lord your God, who has brought you out from under the burdens of the Egyptians. I will bring you into the land that I swore to give to Abraham, to Isaac, and to Jacob. I will give it to you for a possession. I am the Lord.'

#### **4 Promises of the Exodus and the four cups:**

- I will bring you out from under the yoke of slavery - The Cup of Sanctification
- I will free you from being slaves - The Cup of Deliverance
- I will redeem you - The Cup of Redemption
- I will take you as my people - The Cup of Protection

**Luke 22:19 | ESV**

And he took bread, and when he had given thanks, he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me."

**John 13:3-10 | ESV**

Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going back to God, rose from supper. He laid aside his outer garments, and taking a towel, tied it around his waist. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was wrapped around him. He came to Simon Peter, who said to him, "Lord, do you wash my feet?" Jesus answered him, "What I am doing you do not understand now, but afterward you will understand." Peter said to him, "You shall never wash my feet." Jesus answered him, "If I do not wash you, you have no share with me." Simon Peter said to him, "Lord, not my feet only but also my hands and my head!" Jesus said to him, "The one who has bathed does not need to wash, except for his feet, but is completely clean. And you are clean, but not every one of you."

**Mark 14:33 | ESV**

And he took with him Peter and James and John, and began to be greatly distressed and troubled.

**Psalms 75:8 | ESV**

For in the hand of the Lord there is a cup  
with foaming wine, well mixed,  
and he pours out from it,  
and all the wicked of the earth  
shall drain it down to the dregs.

**Psalms 69:24 | ESV**

Pour out your indignation upon them,  
and let your burning anger overtake them.

### **Psalm 79:6 | ESV**

Pour out your anger on the nations  
that do not know you,  
and on the kingdoms  
that do not call upon your name!

### **Jeremiah 25:15-16 | ESV**

Thus the Lord, the God of Israel, said to me: “Take from my hand this cup of the wine of wrath, and make all the nations to whom I send you drink it. They shall drink and stagger and be crazed because of the sword that I am sending among them.”

### **Mark 14:36 | ESV**

And he said, “Abba, Father, all things are possible for you. Remove this cup from me. Yet not what I will, but what you will.”

## **IMPLICATIONS**

1. In Christ, there is no longer any wrath.
2. Jesus isn't angry that he had to lay down his life for us; it was his good pleasure to do it.
3. Through this sacrifice, Jesus shows us how much value we have in his eyes.
4. It is our amazing privilege to reconnect to this sacrifice each week.



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