

### **WELCOME TO SOUTHEAST**

Southeast provides relational environments where you can find **Jesus, community, and purpose**.

#### **GET CONNECTED**

God created us for community. If you are interested in serving, participating in a life group, or would like more information about an upcoming event, visit **southeastcc.org** or send an email to **connect@southeastcc.org**.

#### **NEED PRAYER?**

We are honored to pray with you or for you. Join us after services to pray with someone at **southeastcc.org**. You may also submit a prayer request at **southeastcc.org/prayer**.

# **BEST SERMON EVER - PRAYER AND FASTING**

## **NOTES | 7.4.21**

### Matthew 6:5-18 English Standard Version (ESV)

"And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward. But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you.

"And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words. Do not be like them, for your Father knows what you need before you ask him. Pray then like this:

"Our Father in heaven, hallowed be your name. Your kingdom come, your will be done,

on earth as it is in heaven.

Give us this day our daily bread,

and forgive us our debts,

as we also have forgiven our debtors.

And lead us not into temptation,

but deliver us from evil.

For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.

"And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

# **IMPLICATIONS**

- 1. When we engage in Takhun Olam (the repairing of the world), forgiveness is central, changing us on the inside.
- 2. Through the process of personal suffering, we learn to follow Jesus more closely, more intimately, more authentically, and more powerfully.
- 3. The way of Jesus is a way rooted deep in our being. It is not on the surface. It is not an act.
- 4. Jesus is looking for partners: true participants in bringing the Kingdom to earth.





