



LEADER PAGE | SERIES | Traditions | WEEK 2 of 6 | Sermon date: April 18, 2021

Discipleship Phrase: Tradition honors past, action honors present, God sees both.

Big Idea for Series: This is why we do what we do each week.

Abiding (*grow as a disciple yourself*)

Here, in the Abiding section of the Leader page, we strive to challenge our leaders to wrestle down their heart's posture on the crux of the curriculum for the week. When doing so leaders can better locate where they're at and be more helpful in leading others during group discussion. Communion is the thrust of group this week. Consider that while we offer communion every week, some may choose not to partake as they're doing battle in their hearts and seeking God's direction. Ultimately, this is a personal choice between you and the Lord. So where does the subject of communion find you this week? Are you in a space right now where you might have passed on communion, should you consider passing, or possibly God has you in a space where you observe weekly without hesitation? Wherever you're at, know that you are loved and cared for by God whose love is endless and that's worth celebrating and remembering well regularly.

Leading (*facilitate your group effectively*)

This week, question 5 of the curriculum is the "Hands" question, which is the one that always prompts us to action. This week, as we talk through communion, we're asking you to lead your group in a time of communion. This should be done, both in person, as well as, for those of us who are still on Zoom. The key here is preparation. Don't get caught off guard, be ready by preparing the elements beforehand. If on Zoom, make sure to let your members know to have these elements handy before group. When you get to question #5, walk through the following steps. Be aware that if you'd like to swing by the church to pick up the communion cups we regularly use on Sunday, just reach out and arrange with your Life Group Pastor.

1. Recap all the group has discussed tonight with regards to communion.
2. Ask the group to prepare their hearts for communion (allow them space for this).
3. Read Luke 22:19-20 (ESV) and invite your group into the opportunity to take communion together.

Shepherding (*know, feed, lead, and protect the sheep*)

As we dive deeper into communion this week, make some mental notes during your group's discussion time. Observe those who might be staying strictly on the surface and perhaps concealing something deeper, something that may hold them back from truly taking communion. They may just be able to benefit from you circling back up later in the week to check in on them personally by simply asking them if there was more there and allowing them to confide in you as their group leader. If there is more there and they do share, be mindful not to fix or rescue. Fight that urge and just be present and listen well.

Church Announcements (*be in the know & share with your group*)

- Young Adults Meet Up! April 26, 2021 7-9 PM No registration required!

REMEMBER: "Every group deserves a great leader."

LifeGroups at Southeast

SERIES | Traditions | **TOPIC: Communion** | **WEEK 2 of 6** | **Sermon date:** April 18, 2021

Welcome/Introductions (*creating a relational environment starts here; be friendly & acknowledge everyone*)

Open in Prayer (*kickoff every group gathering with honoring the Lord*)

Ice Breaker, God Moments, or Highs & Lows (*choose one that is best for your group this week*)

Weekly Vision Checklist (*See Flipbook re: announcements, the “why”, goal, outreach, guidelines, & branching*)

Ask a Hook Question (*a thought-provoking question to get the group heading in the right direction*)

Are there any things that your family does intentionally to remember, or to honor, an event that is significant to your family history?

Recap the Message (*ask a couple people to share what stood out to them in this week’s message*)

Scriptures References (*Read scriptures **directly from the Bible**—it carries its own authority*)

Exodus 6:6-8 (ESV), Luke 22:19 (ESV), John 13:3-10 (ESV), Mark 14:33 (ESV), Psalm 75:8 (ESV), Psalm 69:24 (ESV), Psalm 79:6 (ESV), Jeremiah 25:15-16 (ESV), Mark 14:36 (ESV)

Implications (*takeaways from the message*)

1. In Christ, there is no longer any wrath.
2. Jesus isn’t angry that he had to lay down his life for us; it was his good pleasure to do it.
3. Through this sacrifice, Jesus shows us how much value we have in his eyes.
4. It is our amazing privilege to reconnect to this sacrifice each week.

Discussion Questions (*going beyond the surface*)

1. What’s your understanding of communion on a head level?
2. What’s your understanding of communion on a heart level?
3. When would you ever possibly consider not taking, or “passing” on communion?
4. Have you personally had a time recently when you “passed” on communion, if yes, why so? And/or share a time when perhaps you should have.
5. Lead your group through communion now (in person and/or virtually). If you’ve read the Leading section of the Leader page, you’ll be prepared.

Prayer Requests (*record, share, and follow up throughout the week. Use the LEAD App or CCB if possible.*)

Closing Prayer (*ask openly for a volunteer, encourage your people to step outside of their comfort zone regularly*)